

CURRICULUM VITAE

Name: Babin Bala Moktan

Designation: Assistant Professor

Highest qualification: M. A., B.Ed., UGC- NET Qualified

Date of joining to this institution: 14.05.2026

Date of joining W.B.E.S.: 07.12.2015

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Previous position(s) held:

1. Assistant Professor (W.B.E.S)

Government General Degree College at Pedong (07.12.2015 – 13.05.2026)

2. Part Time Teacher (PTT)

Darjeeling Government College (01.07.2010 - 06.12.2015)

Teaching experience: Part-Time Teacher (PTT): 5 Years 4 Months

Assistant Professor (W.B.E.S): 10 Years 6 Months

Courses taught: Honours/Major, General/MDC, Minor, VAC, SEC

Research area/ interest: Modern India, Social and Cultural History of North Bengal, Heritage Studies, Oral History, Cultural History of Darjeeling

Participation in Workshops/ Training programme/ Certificate course:

Orientation Programme:

1. Ranchi University (04.01.2018-31.01.2018)
2. NEP 2020 Orientation and sensitization Programme, University of Burdwan (05.03.2024-14.03.2024)

Refresher Course:

1. Mizoram University (31.08.2021-13.09.2021)
2. Goa University (19.11.2025-02.12.2025)

Seminars/ Papers Presented:

1. “Yoga for Mental Health of Women: Finding Balance Through Buddhist Mindfulness”

Presented at a seminar organized by the Department of Philosophy Lilabati Mahavidyalaya, 22nd - 23rd July 2025.



2. *“Overview of diverse cultures in Darjeeling Hill region with reference to Traditional Healing Practices and challenges in the face of Modernization”*

Presented at a **One-day International Conference on Cultural Aspects and Mental Health**, organized by the Department of Sociology, Birpara College, Alipurduar, on **3rd September 2024**.

3. *“Cultural Linkages between Bengal and Southeast Asia with reference to Buddhism”* in the **two Days International Seminar on Understanding South Asia and South East Asia; A Historical perspective** organized by the Department of History, University of North Bengal on **May 16-17, 2019**.

4. *“Socio-economic impact of Tibetan Refugees across Darjeeling District after 1950”* in a **Two-day National Seminar** held on **17th and 18th March, 2016**, organised by the Department of History, Raiganj University.